

MORISSET PUBLIC SCHOOL

Terrigal St, Morisset 2264 • Telephone: 02 4973 1435 • Fax: 02 4970 5939 Email: morisset-p.school@det.nsw.edu.au

Term 4 Week 9

Dear Parents and Friends of Morisset PS

It is crazy to think that this is the last newsletter for 2014, this year has flown!

This year was the beginning of a strong partnership known as the Western Shores Learning Alliance between our school, Bonnells Bay, Cooranbong, Dora Creek, Wyee, Wangi and Morisset High school.

I think the most important thing I can say is THANK YOU to everyone who has supported our school, the students and staff. We have a wonderful P&C who work tirelessly in volunteering to help for our students and parents by raising money for resources, running our school canteen and organising special events. They also take on the role of the parent and community voice. As a school we value and respect their feedback.

Thank you to all staff. I see the work behind the scenes and really appreciate the many extra things and hours they spend to support students in achieving personal success.

Staffing for 2015 has not been finalised as yet, but I would like to take the time to thank Megan Darby, Tracie Brown ,Ellen Stiller and Naomi Clapham for their hard work and commitment in making a difference to the students and families at this school.

Thank you to our office staff, Sue, Lynelle and Jacinta and our Student Learning Support Officers Donna, Suzanne, Kylie and Celica, who are the glue that holds our school together. Just by looking around the school you can see how valued our cleaner, Vicky and general assistant Mark are and the fantastic job they do.

Thank you to the parents who come in and work with the teachers in the classrooms, the parents and family members that come when we have any school community events, the parents who work in partnership with the school to make all children experience success, no matter how large or small.

The school musical is a magnificent way to end the year as it highlights the amazing students we have at this school and the strong partnership between school and home.

It is farewell to many families who will be leaving with the graduating Year 6. We wish our Year 6 students and any other students who are leaving our school the best in their future education. It is also a time where we welcome new families into our school and celebrate the many aspects of their lives that adds richness to our school.

Through our evaluations we have closely looked at programs and areas of the school that we will continue in 2015. In this newsletter we have included an estimated costing for students in 2015. This is approximate costing that may help you to plan ahead. Please note that this costing is just an estimation at this point in time. Thank you to the parents who were able to finalise any outstanding payments as it makes it easier to budget for resources for our students next year.

I wish you all a safe and happy break and look forward to working with you in partnership again in 2015.

Make the most of the awesome moments
Kathryn Duncan
Principal

Students, Teachers and the Community United in Quality Learning

DATES TO REMEMBER

2014

Term 4

DECEMBER

Week 9 Wed 3

School Musical Evening Performance

Newsletter

PJ Day

Year 6 Orientation Day @ MHS

Thurs 4 School Musical Evening Performance

Scripture 12 noon

Fri 5

Week 10 Mon 8

2015 Kinder Orientation-Bright Beginnings –

Partnership Meetings

Tues 9

Class Funday

Year 6 Fun Day

Scripture for Whole School – 12 noon

Wed 10 2015 Kinder Orientation-Bright Beginnings -Partnership Meetings

Thurs 11 Presentation Practice 9.15am

Assembly—Shadow Cabinet @ 2.30pm

Fri 12 Presentation Day 11.30am @ MHS Hall

Week 11

Tues 16 Year 6 Farewell Wed 17 Students Last Day Thurs 18 Staff Development Day Fri 19 Staff Development Day

2015

Term 1 **JANUARY**

Week 1 Wed 28

Students return



SunSmart Snippet

ne simp√est w⇔y

.to be SunSmart!

Showing children that you wear sunscreen is the best way to teach them about our harmful UV rays.

Children imitate adult behavior – both good and bad. When it comes to sun protection, setting the best example is important for teachers and parents.

What should you do?

- Wear a sun safe hat.
- Wear a shirt with a collar and sleeves.
- VlaaA sunscreen before going outside, and then at regular two hour intervals throughout the



Be SunSmart and your children will follow your lead. Enjoy the holidays!

For more information visit www.sunsmartnsw.com.au or call 9334 1761



P & C NEWS

Wow... the last newsletter for 2014! What an amazingly busy year. Thank you to everyone who supported the P&C this year. We had some new faces helping in the canteen, Mother's and Father's Days stalls, Athletics Carnival and on the Shopping Bus trip, it was great to see and I hope you all enjoyed yourselves. Happy to see more new faces next year too! Come and see me if you would like to help with any of the fundraising activities happening next year. Christmas Raffle – Raffle tickets are due back tomorrow **Thursday 4th Dec** and will be drawn at the General P&C Meeting on this Friday 5th December. Winners, if not at the meeting, will be notified by phone. First Prize is a 3 night stay at Valla Beach Tourist Park and we have family passes to lots of places like Taronga Zoo, The Reptile Park and Oakdale Farm.

Thank you to everyone who donated to the raffle, we appreciate your support.

Canteen - Friday 12th Dec will be the last day the canteen is open for the year. It will be closed Mon and Wed of the last week of school.

Musical Performances – The canteen will be open before and during the interval for the performances. Pies, Sausage Rolls, Sandwiches, Muffins, Soft drinks, Tea & Coffee etc. will be available.

P&C Meeting – The next meeting is the AGM on Friday 5th December. The monthly General meeting will follow. All welcome.

Morisset Public School P&C would like to wish all of our beautiful Morisset Families a wonderful Christmas and a Happy 2015.

Rebecca Harridge **P&C** President

FUN RUN CERTIFICATES

Last Thursday, students received their Fun Run certificates. Thank you to all who participated.



You Can Do It Award

TERM 4 WEEK 8

RESILIENCE



K/1CA - Trinity Kearns - Showing resilience in class

K/1G - Tkai Griffiths - Showing resilience in class

1K -Emika Whitmore - Demonstrating resilience in the playground

1/20 - Ella Perriam - Showing resilience in class

2B -Luke Ostergaard - Showing resilience

3N -Jemima Brace - Showing resilience when dealing with friendships

3/4B - Isabella Hartge - Showing resilience when given new and challenging class work

4/5D - Rebecca Foreman - Showing resilience in class

5/6W - Nashua Knight - For showing resilience in all areas



Bronze Reading Awards

Lily Casey, Aiden Evans

Silver Reading Awards

Lily Casey

Gold Reading Awards

Lily Casey

Double Bronze Reading Awards

Breanna Swain

Double Silver Reading Awards

Braiden Parker-Hall, Mikayla Shreeve, Lily Sonter

Double Gold Reading Awards

Merkesha Whitmore, Amelia Barnett,

Sunny Van Bezouwen

Royal Amethyst Reading Awards

Ben Melman, Ryan Nichols-Hughes

Double Royal Amethyst Reading Awards

Jack Nichols-Hughes, Ella Murray

Assembly Awards

Term 4 Week 8

K/1CA Merit Award

- Hemi Kopa
- Mitchell Perriam

K/1G Merit Award

- Katelyn Dawe
- Larz Vider-Richards

1K Merit Award

- Otis Brace
- Megan Waters

2B Merit Award

- Karlee Hunter
- Samantha Wright

3N Merit Award

- Ryan Craft
- Jada Gibson

3/4B Merit Award

- Isabella Dawe
- Natasha Homer

4/5D Merit Award

- Mikayla Morgan
- Josh Breeden

5/6G Merit Award

- Aidan McManus
- Bailey Ridley

5/6W Merit Award

- Merkesha Whitmore
- Alarah Castles

STAGE 2 SWIMMING

Stage 2 and some Year 6 students walked to the Morisset Pool every Friday for 8 weeks to practise our swimming. In the first week we were put into groups. We then learnt how to make our swimming stronger. We practised our freestyle, backstroke and breaststroke and we dived off the blocks. It was lots of fun diving. We also learnt how to rescue people in different ways was awesome.

By Rebecca, Kira D and Sharntelle











GRANDPARENTS VISIT TO CLASSES

This term 3N, 3/4B and 4/5D have been learning about shops and shopping. Poppy Joe came in to 3N's classroom to teach 3N about the olden day shopping. He had to walk to Morisset to catch a train to Newcastle. It was a long walk for Poppy Joe. Isabella Hartge's grandmother, Annette Waters went to 4/5D to talk about the olden day shopping too. She brought photos of olden day cars and talked about what kitchens looked like. Karen Cox visited 3/4B to talk about olden day phones. We would like to



thank the grandparents for coming to our classes and sharing their stories of shopping.

Bella V and Molly R from 3N





3/4B WRITING SAMPLES

3/4B have been focussing on paragraph structure in writing. These are a couple of samples of our writing!

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MY FAVOURITE FOOD

My favourite food would be cheese vegemite

☆ I like cheese vegemite scrolls because they take your heart away. But they are full of flavour, yum, yum. ☆

The best part out of the cheese vegemite scrolls would be the melted cheese, it is lip ☆ smacking you would have it every day $\stackrel{\wedge}{\Rightarrow}$

My favourite bit out of it would be the cheesy vegemite, mmm delicious, scrumptious.

☆ I think that every one should like them they are yummy and delicious. They will take your heart away, yummy! ☆

By Isabella Dawe

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MY FAVOURITE FOOD

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When I think about my favourite food, it would ☆ be vegetables. ☆ ☆

I have vegetables a lot. I have it for dinner every night. It is delicious and it's so healthy and extraordinary.

When I have vegetables for dinner, I have my ☆ altogether, and it is the best because it's easy to ☆ cook.

Another thing I do when I have vegetables is a ☆ secret.

I eat it slow so I have more and it is so great when you take a bite, you will want it every day.

I think you should eat vegetables because they are very healthy and excellent.

By Sarah Pel-Martig

SOUTH LAKES OOSH VACATION CARE

Southlakes OOSH will be open as usual on Thursday 18th and Friday 19th December. They will not be holding Vacation Care over the Christmas holidays and will reopen on 28th January 2015.



Nutrition Snippet

he simp<mark>√</mark>est w¢v

...to make a Christmas centerpiece.

Get creative these holidays with a fruit and veg inspired centerpiece for your Christmas

The picture on the right uses layers of baby tomatoes rosemary and cheese but you

- Layers of thinly sliced green and red capsicum, with slices of carrots in between
- Baby tomatoes and basil
- Kiwi fruit, watermelon, rockmelon
- Use mixed berries: blueberries, strawberries, raspberries.

If you have fruit + veg on your table, you'll be surprised how quickly it will be eaten.

For more inspiration – like us on Facebook – details below.

Meny Christmas!

For more information visit w.eatittobeatit.com.au or join us at facebook.com/eatittobeatit



Mindfulness and Empathy Skills for children 6 – 12 years old

Summer Holiday Course on a beautiful Llama Farm

Up to 12 children per course Parents welcome



2 days of 4hr sessions in January or 15th & 16th or 10th & 11th with Kara Matheson in Black Hill (30 mins from Morisett) on a 50 acre llama farm

Cost \$160 Sibling discounts and concession available Includes: One child for 2 sessions; take-home guided meditations for kids; set of cards for empathy practice

Why mindfulness skills?

These skills help with attention, self-awareness, and self-regulation.

Learning empathy skills helps children to navigate relationships with kindness and compassion.

These skills are taught using age-appropriate, fun activities.

About Kara: Kara has been teaching for over 20 years. Her training includes Mindfulness Based Stress Reduction (MBSR) for adults and children, Nonviolent Communication (NVC), and Mindfulness Based Self-Compassion. Kara has been offering Mindful Kids and Mindful Parenting courses at her llama farm in Black Hill for 3 years. Kara has also taught academic staff and graduate students in the Faculty of Health at UTS, and has spoken several times on ABC Newcastle about teaching mindfulness to children.

More details: http://ed21c.com/ Kara: 0406 520 027

LAKE MACQUARIE CITY ART GALLERY

On Sunday 7 December @ 11am we will be hosting a special event which involves a visit by some native animals from Hunter Valley Zoo.

This event will mark the official opening of an exhibition by students from Newcastle Junior, Middle and Senior schools. There will be a sausage sizzle and art activities also in the sculpture park. (free admission) More info visit: www.lakemac.com.au



There are some fantastic deals available right now on Quickbeds for Mantra Hotels. This is a great chance to raise funds for **Morisset Public School**.

Remember every booking raises funds for Morisset Public School.

Your Grassroots Code: 1257

www.quickbeds.com/?grassrootscode=1257

(This will not work on mobile devices, yet.)

Melbourne | Sydney | Brisbane | Adelaide | Perth |
Canberra Darwin | Hobart | Bunbury | Broome |
Parramatta | Wollongong | Lorne
Travel Dates vary from now until 31st March, 2015.
Don't Miss Out! Sale Ends Friday 5th December, 2014.

Win Your Stay On Us
Every week one lucky person will win a
FULL REFUND.

NO credit card fees. NO booking fees.

TIN LIDS CHRISTMAS HOLIDAY VACATION CARE

The Tin Lids Christmas Holiday Vacation Care Program and booking sheet is available from the school office for anyone that is interested in sending their child/ren along during the school

holidays. For more details Ph: 0423 518 416

Or email: oosch@outlook.com





Limit or avoid processed meat like

- sausages and bacon.
 Use lean cuts of meat.
- Make sure half your plate is filled with vegies.
- Cook vegies like eggplant, zucchini and capsicum straight on the bbq (or as part of the kebab in picture).
- Make a few salads to serve on the side.
- Freezing fruits like grapes and berries make a delicious treat for a dessert on a hot day.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit











Learn to swim

Boost your confidence in the water with our five-day program Charlestown Swim Centre Program starts Monday 5, 12 or 19 January | from 9am \$42.10 a week Bookings essential on 4943 7041.

Learn to swim

Boost your confidence in the water with our five-day program. Swansea Swim Centre Grading day Saturday 3 January, from 8am

Program starts Monday 5, 12 or 19 January | from 8am \$42.10 a week Bookings essential on 4971 1518.

Aquatic challenger timetable

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|--|--------------|----------|
| Date | Swim Centre | Time |
| Sunday 21 December | Speers Point | 11am-3pm |
| Sunday 28 December | Speers Point | 11am-3pm |
| Sunday 4 January | Speers Point | 11am-3pm |
| Monday 5 January | Charlestown | 11am-2pm |
| Thursday 8 January | Charlestown | 11am-2pm |
| Saturday 10 January | Swansea | 11am-2pm |
| Sunday 11 January | Swansea | 11am-2pm |
| Tuesday 13 January | Charlestown | 11am-2pm |
| Friday 16 January | Charlestown | 11am-2pm |
| Sunday 18 January | Speers Point | 11am-3pm |
| Wednesday 21 January | Charlestown | 11am-2pm |
| Saturday 24 January | Swansea | 11am-2pm |
| | Charlestown | 11am-2pm |
| Sunday 25 January | Swansea | 11am-2pm |
| | Speers Point | 11am-3pm |
| | | |



Summe holida) activit

Follow our whatsonlakemac Facebook page to hear about even more events we'll hold throughout the school holidays.





Lake Mac Libraries

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We've got your notidays covered!



iendly library staff.

Bookings essential on 4945 2452.

For more events visit library.lakemac.com.au

JD's World of Magic

Toronto Library Tuesday 13 January 10-10.45am | all ages | \$8 Fun for the whole family! Be amazed by award-winning magician Joel Howlett. Adults at children's price.

Bringing Blackbutt to You wildlife show

Belmont Library Thursday 15 January 11.30am-12.15pm | all ages | \$8 Come along to our wildlife show and make some new reptile friends. Adults at children's price.

Jungle Encounters Wildlife Show

Charlestown Library Monday 19 January 11am and 1pm | all ages | \$8 Get up close and meet exotic pythons, alligators, birds and lizards. Learn first-hand the difference between crocodiles and alligators. Adults at children's price

Gross Cartooning Workshop

Charlestown Library Wednesday 21 January 2-3pm | 7+ years | \$12 Learn how to draw zombies, snot, bums, farts and lots more really gross stuff, at this hands-on

workshop with cartoonist Dave Hackett. **Drum Beats**

Swansea Library Friday 23 January 10.30-11.30am | 5-12 years | \$12 Get with the rhythm and come

along to our hands-on drumming workshops with Earthen Rhythms African Drum and Dance.

Art Gallery Get creative with guidance from our professional artists.

Clay day

Tuesday 6 January 10.30am-12.30pm | 8-12 years | \$25

Create animal-inspired ceramic artworks which will be glazed and fired.

Rainbow Connection

Wednesday 7 January 10.30am-noon | 3-6 years | \$12 (\$4 for siblings)

This popular session for the little ones includes story-time and craft activities.

Connect to country

Tuesday 13 January 10.30am-12.30pm and 1.30-3.30pm | all ages | free Experience traditional, local Aboriginal culture through stories, craft, dance and a taste of bush tucker.

Art from nature

Wednesday 14 January 10.30am-12.30pm | 6-10 years | \$20

Construct an artwork using the local natural environment as

Thursday 15 January 10.30am-12.30pm | 6-10 years | \$20

Make an artwork using the animal kingdom as inspiration.

Tie-dye and print

Friday 16 January 10.30am-12.30pm | 8-12 years | \$20

Learn tie-dye and printing techniques. Bring your own washed, white cotton pillow case or T-shirt (or both).

Lake Macquarie



Junior Fishing Workshop

Thomas Halton Park, Croudace Bay Thursday 8 January 10am-2pm | 8-14 years | \$40 Cost includes rod, reel, shirt, hat and tackle box. RSVP directly to jamie.burns@dpi.nsw.gov.au.

Inside Ancient Rivers

Caves Beach Thursday 8 January 4-5.30pm | 5+ years | free

Explore sea caves carved into the cliffs. Learn to read the geological history in the layers of rock with guide Roz Kerr.

Fossil Forest Ramble

Swansea Heads rock platform Friday 9 January 5-6.30pm | 5+ years | free

Walk amongst the remains of a forest blown down by an ancient volcanic blast. From the fossil evidence, work out where the volcano used to be.

Learn Stand-Up Paddle Boarding

Warners Bay Saturday 10 January 5-6.30pm | 8+ years | \$5 Try out stand-up paddle boarding and enjoy the natural beauty of our Lake. Book direct with Kite and SUP phone 4954 2118.

Gondwana Plant Fossils

Dudley Beach
Monday 12 January
8-10am | 5+ years | free
Find fabulous fossils of plants that
grew here 250 million years ago.
Learn how to identify them. Level
of fitness required.

Big Creatures of the Sea

Belmont Neighbourhood Centre Wednesday 14 January 6-7.30pm | 5+ years | free

Learn shark conservation with Dr David Powter from the University of Newcastle and discover the magic of dolphins with biologist/filmmaker Elise Bailey.

Sunshine Stories and Treasure

Sunshine Park, Sunshine Thursday 15 January 9-10.30am | 4+ years | free Join in a nature-inspired treasure hunt and hear the fabulous children's story *Garbage Guts*.

Belmont Community

Belmont Neighbourhood Centre Friday 16 January 9.30-11am | 5+ years | free

Learn about permaculture gardening in this extensive community vegetable and bush tucker garden. Morning tea included.

Try Sailing on the Lake

Toronto Royal Motor Yacht Club Friday 16 January 4-7pm | 12+ years | free

Experience the pleasure of sailing in this introductory session, concluding in an exciting twilight race! Limited numbers.

Learn Stand-Up Paddle Boarding

Warners Bay Saturday 17 January 9-10am | 8+ years | \$5

Try out stand-up paddle boarding and enjoy the natural beauty of our Lake. Book direct with Kite and SUP phone 4954 2118.

Seagrass Saunter

Wangi Wangi Sunday 18 January 10-11.30am | 5+ years | free Underwater wildlife! Discover some of the many species who call Lake Macquarie's seagrass beds home!

Divide in Concord documentary film screening

Blacksmiths Surf Lifesaving Club Monday 19 January 6pm start | 5+ years | free Join Take 3's Tim Silverwood for Divide in Concord - the entertaining tale of one woman's persistent efforts to ban bottled water in small-town America.

Cycle Discovery Tour

Monday 19 January 9-10.30am | 7+ years | free Enjoy a leisurely 6km cycle along Swansea channel with former Olympian Scott Steward. Novices OK, no training wheels, BYO bicycle.

Rockpool Ramble

Swansea Heads Tuesday 20 January 3-4.30pm | 5+ years | free Join us on an exciting adventure exploring the rich and fascinating world of rockpools!

Cycle Discovery Tour

Fassifern Railway Station Wednesday 21 January 9-10.30am | 7+ years | free

A leisurely 6km ride along the Greenway Track, a historic rail corridor to Toronto. Novices OK, no training wheels, BYO bicycle.

Uncovering our Ecology Valentine entry to Green Point

Wednesday 21 January 5.30-7.30pm | 5+ years | free Join entertaining ecologist John Simpson on a picturesque and educational walk through Green Point, our foremost natural bushland park.

Cycle Skills for New Riders

Cycle Skills for New Riders
Speers Point Park
Thursday 22 January
9-10.30am | 5+ years | free
Young and novice riders learn
basic bicycle skills with former
Olympian Scott Steward. No
training wheels, BYO bicycle.

Rockpool Ramble

Caves Beach Thursday 22 January 4.30-6pm | 5+ years | free Join us on an exciting adventure exploring the rich and fascinating world of rockpools and sea caves!







SCHOOL HOLIDAY PROGRAM

Bush Skills Adventure

Wednesday 14 January 2015 9.30am - 12.30pm For 9-12 years Tuesday 20 January 2015 9.30am - 12.30pm For 9-12 years

Have fun making a bush survival shelter, cook damper, learn knotting and other bush

Cost: \$20 per child Bookings Essential Ph: 02 4951 6466

Wriggly Wetlanders

Wednesday 14 January 2015 10.00am – 12.30pm For 5 – 8 years Monday 19th January 2015 10.00am - 12.30pm For 5 - 8 years

Enjoy a wetlands wander, then get creative with craft activities.

Bookings Essential Ph: 02 4951 6466 Cost: \$20 per child





Bring the Family to the Hunter Wetlands Centre a fun, environmentally friendly learning experience! Opened every day

(Closed 24th, 25th, 26th, 31st December 2014, 1st January 2015)

Access

Car/mini-bus parking available onsite. Public Transport :Train - easy 15 minute walk from Sandgate Station. Bus -107 & 106 buses go past the Wetlands. 10 minute walk from stop at Marton St & Sandgate Rd

Cost

\$2 per primary-school age child (special school holiday rate). \$5 general entry

Activities

Watch the Magpie Geese Feeding at 10.30 am & 2.30pm

Try dipnetting from the jetty

Follow the trail and become a "Wetlands Explorer" - go into the weekly draw for a prize.

Playtime at Discovery Playground

Check out the creatures in the tanks in the Visitor Centre

12 noon - Tank Talk (30-45 minutes) – opportunity for children to learn about reptile behaviour and care and actually handle some of the reptiles from the tanks in the Visitor Centre.

Facilities

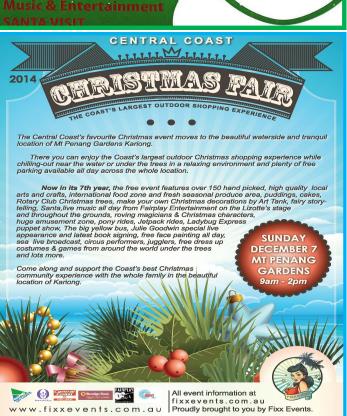
Toilets available in Visitor Centre Cafe – meals, chips, icecreams, drinks Undercover picnic tables and shelter

Shop – gift shop



Hunter Wetlands Centre Off the roundabout, 1 Wetlands PI, SHORTLAND NSW 2307











- Open 7am 6pm 6 Weeks to 6 years
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MORISSET NEWSAGENCY

PHONE: (02) 4973 1549 OFFICE: (02) 4973 6916 FAX: (02) 4973 6505

EMAIL: morissetnewsagency@bigpond.com

MORISSET SQUARE NEWSAGENCY

PHONE: (02) 4973 3783 FAX: (02) 4973 3453

WEB PAGE COMING SOON!







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Kerrie Wright



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East Coast Taekwondo Academy

FREE uniform & one month training fee for each new member! (Conditions apply.) **BONNELLS BAY PUBLIC SCHOOL** THURSDAY: 3:30pm - 4:30pm



Ph: 4392 3625

Complimentary trial lesson upon presenting this coupon!

Shop 11, 99 Dora St - Ph: 4970 4053

Deborah Lee Dance Academy Where learning to dance is fun and building self confidence is importan Concerts, Eisteddfods, Stage Work Exams & Special Performances. Private tuition available from experienced qualified in Morisser for 25 years Enquiries Phone Miss Debbie on 02 4973 3118 or 0403 733 11 Jazz Tap Classical Modern/Contemporary Hip Hop Funk Boys Classe

DISMANITIERS & MECHANICAL

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