



## **Morisset Public Schoo**



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morisset-p.schools.nsw.gov.au



schoolstream app



#### **Term 3 Dates**

#### Friday October 19 - Nov 17

2023 Selective High School applications open Fri Oct 19 and close Nov 17

#### **Kindergarten Orientation**

Thursday Nov 18 - Guided Tour

Friday Nov 26 - Library visit

Classroom Visits

Wednesday Dec 1, Wednesday Dec 8 and Wednesday Dec 15

#### **Updates and Events**

Please visit the school website and download the School App

www.morisset-p.schools.nsw.edu.au

**Newsletters** are distributed via the School App and Website. Paper copies can be requested by phoning the school office 49731435 or emailing

morisset-p.school@det.nsw.edu.au

#### Updates and Events

School Stream App, Facebook. and School Website.

Contact the school via the school email address or by phoning 49 731435 or 49731533

#### Email:

morisset-p.school@det.nsw.edu.au

#### Website:

www.morisset-p.schools.nsw.edu.au

#### TERM 4 Week 5

November 2, 2021

#### **Update Contact Information**

Recently changed your contact details? Phone? address or email? Please contact the office to update your contact information.

#### COVID Guidelines Information

From Monday November 8, Morisset Public School will move to level 3 restrictions for the remainder of the school year. An overview of the Department of Education Term 4 Roadmap is included in this newsletter.

Community Use is allowed however, must be outside school hours. This includes PMI and P&C meetings. PMI will not be returning to in-school instruction for Term 4. With regard to end-of-year events, we will provide updates as we continue to work within the guidelines.

#### Tell Them From Me Parent Survey

This term, our school will be participating in the 'Tell Them from Me' parent survey based on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement. Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/ carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential.

A link for the parent survey will be sent out on the App today.

Although participating in the survey is entirely voluntary, your responses are very much appreciated. The survey is available in 23 languages.

#### Student Attendance/ Absences

Students must not attend school if unwell, even with mild symptoms of COVID-19. Any person with any COVID-19 symptoms will be sent home and are not to return to school unless: they have a negative COVID-19 test result and are symptom free or they have isolated for 10 days, when no medical certificate is available

Mrs Warham Principal



#### Applications - 2023 selective high schools

#### Entry to Year 7 in 2023

Selective high schools help these students to learn by grouping them with students of similar ability, using specialised teaching methods and materials. Selective high schools are unzoned so parents can apply regardless of where they live.

Information is subject to change throughout 2022 because COVID-19 restrictions may affect timing and processes.

Applications for entry in 2023 will open on October 19 2021 and close on November 17 2021. The placement test will be held on March 10 2022.

#### A message from Morisset High School

Do you have a student starting Year 7 at Morisset High School in 2022?

Join us to find out more about what learning at Morisset High will be like for your child and how the MHS team will work with your family to empower your child and support their wellbeing and individual success as learners. **Meet our school executive and the 2022 Year 7 Adviser.** Learn more about the day-to-day operations of your child's new school.

Find out about the different learning programs and opportunities available to MHS students. Learn more about School uniforms, class structures, sports organisation, and our high expectations for learning and behaviour at Morisset High School.

Please join us using the links and codes below.

Parents and carers please note you will need to register for Zoom to join the webinar.

https://nsweducation.zoom.us/j/62541932046

Passcode: 545441



### P&C News T4 W5 2021



Welcome back to everyone! Lovely to see everyone back at school again.

#### MEETINGS:

Our next meeting will be the **AGM** on **FRIDAY 26<sup>th</sup> November at 1:00pm** – at this stage it will be via ZOOM ONLY, but this may change. Only financial members are eligible to stand for a P&C position, or vote.

The next general meeting will follow on directly after the AGM, at around 1:20pm. All are welcome to attend, so please email us at <a href="majorage-ng-page-n

#### FUNDRAISERS:

No fundraisers this year – we hope to start up again next year!

#### CANTEEN NEWS:

Canteen is open on **Fridays** for breakfast and lunch ONLY (**NO afternoon recess**) while school is still on Level 3+. This is because of staggered lunchtimes, meaning that lunch will overall take much longer

Please fill in the form overleaf if you would like to join our canteen volunteer team and see your children at school!

than usual. Students **are** still able to come to canteen for counter service after they've eaten their lunch, in their cohort's time-slot.

We are doing a "special" on fruit muffins – no

BIRTHDAY MUFFIN SERVICE We are doing a "special" on fruit muffins – now available for ordering as a lunch item for \$1.

We are still able to offer this service! See our P&C FB page or the school website under Canteen for more details and the order form (3)

#### UNIFORM SHOP:

The uniform shop is currently unavailable to attend in person: under COVID 19 guidelines, students are **not** allowed to try anything on. We'll let you know when this changes.

Order forms (including a sizing guide) are available in the office, or online here <a href="https://morisset-p.schools.nsw.gov.au/canteen-and-uniform/uniform.html">https://morisset-p.schools.nsw.gov.au/canteen-and-uniform/uniform.html</a>; OR you can use School 24, especially if you need to pay by credit card.

Orders can be collected from the Office on showing proof of purchase – please phone the office before pick up to arrange a suitable time. School 24 online ordering –
you can set up your account
by following this link
https://morissetp.schools.nsw.gov.au/cantee
n-and-uniform/canteen.html
and clicking on the
information about online
ordering link. The canteen
menu can also be found here.

Ann Beirne, President of Morisset PS P&C

Find Morisset PS P&C on Facebook and Like our page to keep up to date with events and fundraisers at the school. Links to fundraiser forms will also be found there.

# 2022 Canteen Volunteer Request

#### **CANTEEN VOLUNTEER TIMES:**

WEDNESDAYS - Canteen is open only for morning and lunch, no recess.

At least one volunteer should be at school at 8am to get the ovens going and open up; but all volunteers should be there by 8:30am preferably, to take orders, serve breakfasts and start lunch preparation, which will continue until the lunch baskets are all completed by 10:50am. Lunch bell is at 11am and counter service will start shortly after that.

Lunch finishes at 11:50am; service should stop 5 minutes prior to that (with no large ice creams being sold for the last 10 minutes), and the shutters brought down – then there will be some preparation of frozen stock, such as yoghurt bites and mini juicy cups, followed by clean up, including the floor. Money also needs to be counted and bagged. Mostly, everything should be done by 12:30pm.

TL:DR - maximum volunteer time required: 8am - 12:30pm

FRIDAY morning and lunch is much the same as on Wednesday, except that the clean-up is much less and the money doesn't get counted at this stage, so people should be able to get away by 12:20pm.

TL:DR - maximum volunteer time required: 8am - 12:20pm

FRIDAY RECESS – the recess bell goes at 1:50pm, and ends at 2:15pm – so someone needs to come in at 1:30pm to open up and start getting everything ready to go. Again, service should stop 5 minutes prior to the bell and the shutters brought down. Clean up, frozen stock preparation and money counting will take place at this point and should all be done by 2:45pm, but by then it's nearly end of school anyway.

TL:DR - maximum volunteer time required: 1:30pm - 2:45pm

# 2022 Canteen Volunteer Request

Name			
Availability: (Please circle all that apply)	Wednesday	Friday morning	Friday afternoon
How often would you be	able to help out?		
Every fortnight	Once a	month	Once a term
Other (please state)			
You are required to be dou (volunteer), which is free to		the state of the s	ave a Working With Children Check

Please return this form to the Office, who will pass it on to the P&C Canteen team, or call Amanda Finucane on **0414 270 885** 

THANK YOU! @

#### **Uniform Shop - P&C**

Under current COVID 19 guidelines, the uniform shop is unavailable to attend in person and students may NOT try on any uniform prior to buying.



Online uniform orders will be available to collect from school after 10am on October 22<sup>nd</sup>. Please phone the office to arrange a time to collect them.

The uniform shop is normally open every Friday during term time from 8:45 to 9:45am. Order forms (including a sizing guide) are available in the office or online from the Morisset Public School website; and uniforms that have been paid for can also be collected from the office – please phone the office to arrange a time to pick uniform up.

Uniforms can also be ordered online via School 24 – see the information page <u>here</u> to register for this option. This allows you to pay by credit card; otherwise payment is by cash, cheque or direct bank transfer as there is no EFTPOS availability.

Payment in cash or cheque (made out to Morisset Public School P & C) should be included with your order form; or payment can be made by direct transfer to the Uniform Shop account (details on the order form). Uniforms ordered via School 24 are paid for when the order is submitted.

### <mark>Sun</mark>smart Snippet

### Don't forget your eyes







#### Sunglasses don't have to be expensive to be effective

When choosing sunglasses, ensure they meet the Australian Standard for eye protection, choose category 2 or higher and look for an Eye Protection Factor (EPF), ratings of 9 or 10 provide excellent protection.



### Good for Kids good for life

#### Tips to increase vegetable intake

Vegetables are packed with vitamins and minerals that help kids grow and learn. See our top tips for ways to include more vegetables in the lunchbox and at home. Remember, there's a rainbow to choose from.

#### Involve your child in lunch box planning

Let them choose a vegetable and help you prepare it. They could wash, peel and chop carrots.

#### Pack cooked vegetables

Cook extra vegies the night before and store them in the fridge ready for the lunchbox. Try roast sweet potato.

#### Pack raw vegetables

Chop them into bite sized pieces and add a dip, like cucumber sticks with hummus.

#### Hide vegetables

Try recipes your child loves with extra vegies. Corn fritters, fried rice, pasta salad and zucchini slice are favourites.





Source: Tips to Increase Vegetables https://www.goodfarkids.nsw.gov.au/primary-schools/swap-it/fips/fips-to-increase venetables



HNELHD-GoodForKids@heath.nsw.gov.au http://www.goodforkids.nsw.gov.au/

www.sunsmartnsw.com.au

### COMMUNITY ANNOUNCEMENTS

#### **Food Parcels**

**Southlakes Community Centre** are providing food parcels on Mondays and Tuesdays by booking an appointment only - phone *Regan on 02 49737000* for more information.



#### SOUTHLAKES

#### **Southlakes Athletics Centre**



Thompson Oval, Dora Creek (behind Dora Creek Workers Club)



A friendly local club, that focuses on having fun, learning correct athletic techniques, & striving to improve PBs.

Our season plans to start on a <u>THURSDAY 11<sup>th</sup> NOV 2021</u> (5.15pm- approx 7.30pm; events start 5.30pm) & continues Thurs evenings until <u>MID-MARCH 2022</u>, with a small break over Xmas. Optional training on <u>MONDAY</u> afternoons.

Online Registration - via Little Athletics NSW website — this will open mid October 2021.

LANSW is using a new Registration platform called GameDay, but the process will still be via LANSW.

ACTIVE KIDS VOUCHERS can be used, but MUST be organised PRIOR to registering online.

Our <u>SOUTHLAKES ATHLETICS CENTRE Facebook page</u> has regular posts, please LIKE our fb page to keep up to date.

<u>REGISTRATION DAYS</u> (once online rego is done) -to collect rego patches & purchase uniforms. <u>SUN 31<sup>st</sup> OCT 10am - 12noon & THURS 4<sup>th</sup> NOV 5 - 7pm</u>

This season we can cater for **Tots (3-5yrs)**, & **U6 through to U17 years age groups** (the age the child turns in 2022). **Older children/adults** may compete as **Seniors** through Athletics NSW.

Rego Costs: Tots \$120; U6 \$130; U7-U17 \$165. Seniors cost TBA.

Questions: southlakesathletics@gmail.com <u>www.facebook.com/SouthlakesAthleticscentre/</u>



#### South Lake Macquarie Amateur Sailing Club Inc

SLMASC is in the process of becoming a Discover Sailing Centre, which is run under guidelines from Australian Sailing. You can be taught by an accredited Dinghy Instructor following an approved and nationally recognised syllabus. We plan to have this up and running by the end of the Christmas school holidays.

Sailing is a sport (or pastime if competition is not your thing) that can be learnt by anyone from the age of 8 to 80, SLMASC has been helping people get into sailing for over 70 years. Sailing is not an expensive sport to get into. As the club is an amateur club staffed purely by volunteers, membership is only around \$100 per year and the learn-to-sail classes only cover the cost of running the course. SLMASC has a range of dinghies that students can use for learning to sail.

The sailing season is run on Sundays from September to Easter, with lessons typically starting around 1100 and racing around 1400. So come on down and check out the beautiful location at 1A Sunshine Parade, Sunshine.

Website at slmasc.org or follow us on Facebook.

**Newcastle Junior Cricket Association** 

# GIRLS CRICKE'

Fun all girls competitions for ages 9 to 17 years Make new friends and get active playing junior cricket at our club!

### Girls Sixers Stage 1

- U9 U12
- · Saturday morning
- · 16m pitch
- 7 players per team
- Kookaburra Star Ball (soft ball)
- · Full equipment worn
  - o (helmet, gloves, pads)



### Girls Sixers Stage 2

- U12 U18
- Friday afternoon
- 18m pitch
- 9 players per team
- 142g Leather ball (hard ball)
- Full equipment worn
  - o (helmet, gloves, pads)

### Join now at our Club

Claim your \$100 **Active Kids Voucher** when registering



### Join our Girls **Teams now!**

**Club Name** 

Toronto Workers District Club

Contact Name Rachel Wort

**Contact Number** 

Email cricketsouthernlakes@gmail.com



- · Easy to join, fun to play
- Inclusive program for girls of all abilities
- Outdoors and non-contact