

IMPORTANT DATES 2021

Please note - today's NAIDOC Yarn Up has been postponed due to COVID restrictions.

Whole school NAIDOC activities have also been postponed.

Term 3

Fri Jul 16	High School Transition
Tues July 20	Premiers Reading Challenge closes
Fri Jul 23	P&C Mtg - ZOOM only
Mon July 26	Zone Athletics Carnival Glendale - 8 am start
Mon July 26	Spelling Bee week
Fri July 30	Assembly

2022 Enrolments - currently accepting enrolments. Please contact the school office.

Updates and Events

School Stream App,
Facebook,
and School Website.

Contact the school via the school email address or by phoning 49 731435 or 49731533

Email:

morisset-p.school@det.nsw.edu.au

Website:

www.morisset-p.schools.nsw.edu.au

Afternoon Pick Up - In the afternoon students move to designated areas avoiding congestion and remaining safe.

Please collect your child from the correct Gate.

If there is a change of plans for afternoon pick up please ring the office prior to 2pm to enable us to get a message to your child.

Gate 2 - Kiss and Ride - parents to remain in cars (parents should gather outside this gate)

Gate 3 - Parent Pickup, Walking and Crossing - parents maintain physical distancing by avoiding gathering outside of all school gates

Gate 5 - Bus

TERM 3 Week 1

July 14, 2021

Welcome Back

I hope everyone had a safe and happy holiday. Term 3 begins differently with renewed COVID restrictions. Relevant restrictions for Morisset Public School are as follows;

All students are expected to be at school unless they have even the mildest of COVID symptoms.

No non-essential visitors are permitted in schools.

Current entry and exit procedures for students will continue with minimal adult gathering.

Parents and carers should;

- remain outside of school grounds
- follow mask-wearing requirements and if needing to come on-site must sign-in using the Service NSW QR code.

Face masks are mandatory on public transport for adults and students aged 13 years and over. If individual students wish to wear a face mask at school, it is within their right to do so.

School assemblies can proceed; however, parents and visitors are currently unable to attend.

The Department of Education and NSW Government provide regular updates - for further information please click [here](#).

We will continue to communicate relevant changes to Morisset PS procedures via the School Stream app and website.

Kindergarten Orientation Dates - see table below

We are currently accepting enrolments for Kindergarten in 2022. If you know anyone or have siblings who are intending to start Kindergarten at Morisset Public School please contact the school office on 49731435. Our Kindergarten orientation program starts August 4.

Parent Information Evening	August 4, 2021	5:00pm to 6:00pm
Session 1 – School Tour	September 8, 2021	9:15am to 10:15am
Session 2 – English Focus	October 27, 2021	9:15am to 10:30am
Session 3 – Maths Focus	November 10, 2021	9:15am to 10:30am
Session 4 – Lunch Orders	November 24, 2021	9:15am to 11:00am
Kinder BBQ	December 8, 2021	5:30pm to 6:30pm

Mrs Warham
Principal

Billu says:



Morisset Public School

A COVID test is best

Sick for more than 2 days

✓ Medical Certificate is required

On holiday for more than 5 days

✓ Extended leave - travel application is required

Billu says:



Morisset Public School

Choose one -

✓ Respond to the SMS

✓ Email the school

✓ Phone the school

✓ School App absent form

✓ Write a note

BREAD BAG QUOTA FILLED—THANK YOU EVERYONE

**** STILL BRING IN YOUR BREAD “TAGS”**

Extended Collection Period!! We can keep collecting our **TAGS** up until next Tuesday (20th) when we will send our box of Tags in..

No more Bread Bags—thank you!

Unfortunately we didn't win the draw but we have lots of points to purchase free sporting equipment with!



**** Thank you for your enthusiasm and making this exercise worthwhile! ****

Anxiety

Parent Information Session at Cooranbong

Please join us to learn practical strategies to support those experiencing anxiety.

WEDNESDAY 21st July

Time: 6pm- 7pm

Refreshments provided

Triple P

Positive Parenting Program

For parents of children aged 2-12

To Register Contact:

CALM Family Support

Ph: 4950-3888

5 consecutive Fridays from 1pm-2:30pm

July 16th, 23rd, 30th
August 6th & 13th

Sessions are FREE @ Belmont Neighbourhood Centre



Music Lessons
On School Campus!



Small Group, Pair & Private Lessons

- Primary Music Institute Central Coast (PMI CC) offer music lessons right here on school campus!
- Please **ENROL TODAY** via PMI CC's website. You can check which instruments are available, get up to date program details and register for lessons online
- Lessons are held once per week on school campus – with lessons typically during school hours
- Only \$19 per child per small group lesson (up to 5 students for 30 minutes). Our small group lessons provide a fun and affordable opportunity to learn music
- Private and Pair lessons are also available
- Instrumental music can improve your child's school results – including reading, maths, coordination, IQ, abstract reasoning, performance confidence... and is great fun!

P: 0411758285 E: admin@pmicentralcoast.com.au www.pmicentralcoast.com.au

Healthy Lunch Box recipe

Super crispy chicken fingers



Ingredients

1¼ cups panko breadcrumbs
Olive oil spray
1 egg
2 tbsp reduced-fat milk
1 tbsp mayonnaise
1½ tsp Dijon mustard
2 tbsp plain flour
500g chicken tenderloins
Salt & pepper

Method

Preheat oven to 200°C. Spread breadcrumbs onto a baking tray. Spray carefully with oil and bake for 3 to 5 minutes until light golden. Transfer to a bowl.

In a medium bowl, add the egg, milk, mayonnaise, mustard, flour and a little salt and pepper. Whisk with a fork until well combined. Add a chicken tender to the batter and toss to coat. Toss in the breadcrumbs and press gently into the chicken. Place on a lined baking tray. Repeat with remaining chicken.

Spray carefully with oil and bake for 10-15 minutes or until cooked through and golden brown.

Serve with a fresh garden salad.

For more recipes visit:
healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box

Nutrition Snippet

BEAUTIFUL BROCCOLI STALKS



Did you know you can use the stalks as well as the florets?

High in fibre and vitamins broccoli stalks are a nutrient powerhouse!

Chop them up and use in a stir fry, add to a soup or toss them in a salad rather than throwing them out!

For these recipes and more visit:
healthylunchbox.com.au

 **Cancer Council**
Healthy Lunch Box



P&C News

T3 W1 2021



Welcome back to Term 3! And thank goodness we are able to BE back, despite the changes in restrictions due to the ongoing COVID situation.

MEETINGS:

Our next meeting will be via ZOOM ONLY and is set for **NEXT FRIDAY 23rd July at 11:30am**. All are welcome to attend via Zoom, so please email us at mpspc@yahoo.com for the link by Thursday 22nd July.

FUNDRAISERS: *All money raised by the P&C goes towards helping the school purchase equipment/ materials for the students.*

Fundraisers we hope to be running this term:

- 👤 Fathers' Day stall – Thursday 2nd September
- 👤 Food provision at the polling station for Local Government Elections – Saturday 4th September

Recent funds usage:

\$5000 donated for outdoor sports/games equipment, as showcased by Mrs Warham at the last assembly last term.

CANTEEN NEWS:

While the COVID restrictions are still in place for Central Coast, it is having an impact on our volunteer numbers, as some are affected by the stay-at-home orders. We will do our best to keep the canteen open from Friday this week onwards, but may have to close at short notice – please be patient with us.

We are continuing with the Friday special of pumpkin or leek & potato soup – it's so tasty!

Please fill in the form overleaf if you would like to join our canteen volunteer team and see your children at school!

School 24 online ordering – you can set up your account by following this link <https://morisset-p.schools.nsw.gov.au/canteen-and-uniform/canteen.html> and clicking on the information about online ordering link. The canteen menu can also be found here.

BIRTHDAY MUFFIN SERVICE

We are still offering the birthday muffin service. See our P&C FB page or the school website under Canteen for more details. You can also ask in the office ☺

UNIFORM SHOP:

PLEASE NOTE: THE UNIFORM SHOP HAS MOVED! NOW IN THE OFFICE AREA. Opening hours are the same: FRIDAYS from 8:45 til 9:45am. Order forms are also available in the office, or online here <https://morisset-p.schools.nsw.gov.au/canteen-and-uniform/uniform.html>

or you can use School 24, especially if you need to pay by credit card/efpos. Orders can be collected from the Office outside of uniform shop hours on showing proof of purchase.

Ann Beirne,
President of Morisset PS P&C

Find Morisset PS P&C on Facebook and our page to keep up to date with events and fundraisers at the school. Links to fundraiser forms will also be found there.

CANTEEN VOLUNTEER TIMES:

WEDNESDAYS – Canteen is open only for **morning and lunch**, no recess.

At least one volunteer should be at school at **8am** to get the ovens going and open up; but all volunteers should be there by **8:30am** preferably, to take orders, serve breakfasts and start lunch preparation, which will continue until the lunch baskets are all completed by 10:50am. Lunch bell is at **11am** and counter service will start shortly after that.

Lunch finishes at **11:50am**; service should stop 5 minutes prior to that (with no large ice creams being sold for the last 10 minutes), and the shutters brought down – then there will be some preparation of frozen stock, such as yoghurt bites and mini juicy cups, followed by clean up, including the floor. Money also needs to be counted and bagged. Mostly, everything should be done by 12:30pm.

TL:DR – maximum volunteer time required: 8am – 12:30pm

FRIDAY morning and lunch is much the same as on Wednesday, except that the clean-up is much less and the money doesn't get counted at this stage, so people should be able to get away by 12:20pm.

TL:DR – maximum volunteer time required: 8am – 12:20pm

FRIDAY RECESS – the recess bell goes at **1:50pm**, and ends at 2:15pm – so someone needs to come in at **1:30pm** to open up and start getting everything ready to go. Again, service should stop 5 minutes prior to the bell and the shutters brought down. Clean up, frozen stock preparation and money counting will take place at this point and should all be done by 2:45pm, but by then it's nearly end of school anyway.

TL:DR – maximum volunteer time required: 1:30pm – 2:45pm

CANTEEN VOLUNTEER FORM for 2021:

Name..... Contact phone

Availability: Wednesday Friday morning Friday afternoon (Please circle all that apply)

How often would you be able to help out?

Every fortnight Once a month Once a term

Other (please state)

.....

Please return this form to the Office, who will pass it on to the P&C Canteen team,

*or call Amanda Finucane on **0414 270 885***

THANK YOU! ☺