



Morisset Public School



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morisset-p.schools.nsw.gov.au



schoolstream app

facebook

IMPORTANT DATES 2022

Term 1 - Week 9

Thur Mar 24 School photos

Fri Mar 25

GREEN Getting Along

Mufti-day

Tues Mar 29 Athletics Carnival **POSTPONED**

New Athletics Carnival date - weather permitting Monday May 9 - back up date Monday

Fri April 01

RED Resilient Mufti-day

April 5-7

K-3 Healthy Harold

April 8

Easter Hat Parade

April 8

Last Day of Term One

Term 2

May 5 Mother's Day Stall May 9 Athletics Carnival

Newsletters are distributed via the School App and Website. Paper copies can be requested by phoning the school or emailing.

P&C News is added to the Newsletter each fortnight.

Information, Updates and Events

School Stream App, Facebook, and the School Website.

Contact the school via the school email address or by phoning 49 731435 or 49731533

morisset-p.school@det.nsw.edu.au

Website:

www.morisset-p.schools.nsw.edu.au

TERM 1 Week 9 March 23, 2022

Harmony Day Activities Harmony week celebrates Australia's cultural diversity. It's about inclusiveness, respect and a sense of belonging for everyone. To acknowledge this important week students spent today engaging in a series of "harmonious" events including flower making, friendship bracelets and yarn up. Students were placed in mixed groups from K-6 giving them a chance to spend time with each other and work with all the teachers in the school. A selection of photos will be on our Facebook page.

School Leadership Team Presentation Today we announced the 2022 Student Leadership Team in an invitation only assembly. Parents were asked to pin the badges on and support their children as they pledged to represent all students with pride and lead by example. Congratulations to the 2022 student leadership team. (Absent, Ruby M)



School Photos Photo day is tomorrow - please have students at school on time so that they don't miss their photo. Students need to wear their regular school uniform for photos. This year we look forward to class photo groups. Students need to bring their photo envelopes with correct money enclosed.

Orders can also be made online at www.newcastleschoolportraits.com using the shoot code - 221600.

You Can Do It - Green 'Getting Along' Mufti Day This Friday, March 25, students are asked to wear green for the 'getting along' key. Remember shoulders need to be covered, students also need enclosed shoes and a school hat.

Mrs Warham - Principal

Healthy Harold

Healthy Harold will be visiting our Kindergarten to Year 3 classes. Life Education programs will take place over two days in Week 11, this term. K-3 students will be participating in the following Life Education programs:

<u>KB</u> - Wednesday April 6 - **Harold's Friendships** explores how to build friendships and care for others, feelings and emotions, safe and unsafe situations and early warning signs, safe places and people to turn to for help.

<u>1M and 1/2J</u> - Tuesday April 5 - **Ready Steady Go** explores body workings, safe use and storage of medicines, peer pressure and coping strategies, safety and decision making.

<u>3G</u> - Wednesday April 6 - **All Systems Go** explores functions of body systems, peer pressure, second hand smoking, and safety with medicines.

Our school has covered the cost of this program for all students K-3. Students can purchase Life Education merchandise on Tuesday and Wednesday April 5 and 6. A Life Education merchandise ordering form will be sent home prior to your child's visit.

COVID Update

We currently have a number of students who have recently tested positive to COVID-19. You are reminded that staff and students cannot attend school if they are showing any COVID symptoms. If symptoms occur at any time, you should not attend school and undertake a rapid antigen test. If a rapid antigen test is positive, the result needs to be reported to NSW Health and isolation guidelines followed for all household contacts. The safety and wellbeing of our staff and students are always paramount.

Athletics Carnival postponed

Wangi Athletics have postponed our Athletics Carnival due to wet weather and the oval not being dry enough for competition. They have provided us with a new date - Monday May 9 and a back –up date of Monday June 6. This message has already been sent out on the App.

Attendance Celebration

Consistent attendance during Term 1 has been difficult for some due to both COVID cases and isolating, however, we would still like to celebrate and acknowledge attendance with a free sausage sizzle for all students. This will be held on Thursday March 31st.

Hopefully our class percentages and overall attendance will improve as the year progresses.

Remember, **if your child is absent** from school, please explain. We have a number of different options available for you to let us know. Please choose from the following:

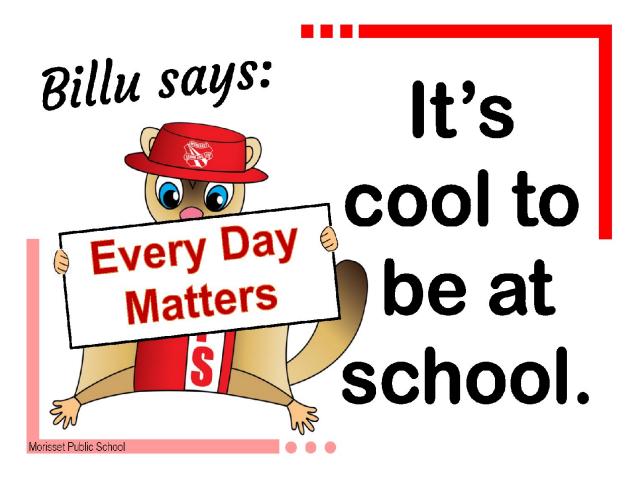
- Phone the school office
- email the school email
- submit an absentee form on the School stream App
- respond to the automatic SMS that is sent out after rolls have been marked.

Easter Hat Parade

The Easter Hat Parade will be on Friday April 8 at 12:30pm. Students are encouraged to make their hats at home and all classes will parade their home-made designs under the large COLA. Parents and carers are welcome to attend watching the parade at a distance, being mindful of COVID safe practices. More information to follow.

Mosquitoes

With the recent rain and warm weather there has been an increase of mosquitoes in our region. If your child is susceptible to insect bites, it is recommended that students arrive at school with insect repellent already applied. Due to hazards associated with aerosol cans, students are not to bring these to school. We do have a small supply of insect repellents in sick bay for reapplication where required.



Good attendance builds learning and social skills for life.

Education provides everyone with a sense of empowerment; the idea that you have the choice to change your life, follow your dreams or make powerful decisions about your future.

Knowledge is power and it's the coolest super-power to have.

Regular attendance at school promotes and reinforces the continuity of friendships, wellbeing and belonging. Going to school helps you to feel like you are part of your community and experience the ups and downs of everyday life with everyone else. Talking about and learning to problem solve issues that arise builds empathy and develops resilience to cope in all situations and live a real cool life.

If you have any questions regarding attendance, please email the school with Attendance in the subject line - morisset-p.school@det.nsw.edu.au

Respect Safety Engagement Getting



Billu is inviting you to wear mufti - Green for Getting Along. Friday March 25, 2022

(For safety reasons, you still need to wear enclosed shoes, covered shoulders and school hat for the playground)

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P&C News T1 W7 2022



MEETING & FUNDRAISING UPDATES:

Our next P&C meeting will be held on Monday 2nd May at 1.00pm via Zoom. If you would like to become a **financial member** it is \$2 and this allows you to have your say and vote on P&C matters for future meetings. Contact us via email mpspc@yahoo.com. Fundraising events for 2022 are below....**Extra volunteers are always welcome**, **even on a casual basis for special events!**

We are still looking for additional volunteers for the new Athletics Carnival Date. If you are available for even an hour in order to rotate volunteers so everyone can watch their children, could you please contact Amanda Finucane on 0414 270 885 as soon as possible.

TERM 2		
Athletics Carnival Canteen & BBQ	Mon 9th May	
TERM 2		
Mother's Day Stall	Thurs 5th May	
Cookie Pizza Drive - orders to open 1º June	Thurs 23rd June Delivery	
TERM 3		
Decorative Plates & Calendars - Date orders to be taken, to be confirmed	End Term 3	
Parents & Friends Wine Tour - To be confirmed	End Term 3	
TERM 4		
Christmas Raffle	Mid December	

CANTEEN NEWS:

MPS Canteen is open for **Breakfast**, **Lunch & Recess** on <u>Fridays only</u>. We are looking at options to re-open on Wednesday for Breakfast & Lunch in Term 2 **however** we are still a couple of volunteers short to be able to do so. We are looking for members of our school community who could assist for **one Wednesday per month or on an adhoc basis** without being rostered on if we are short due to our regular volunteers being sick or unavailable

WHEN ORDERING ONLINE – Please ensure you have updated your child's class under their Student Account. If you do not, their order will not print and may be missed as they are not in a "current" class in School 24.

UNIFORM SHOP:

ONLINE ORDERING OF UNIFORM IS AVAILABLE USING SCHOOL 24 (site or app)!

Uniform Shop Opening Hours are 8.45am – 9.30am on Friday mornings. You can order via School 24, or forms are available in the office and online from the Morisset Public School website, here https://morisset-p.schools.nsw.gov.au/canteen-and-uniform/uniform.html



The new school jackets have now been ordered and we expect them to arrive by end of term/beginning of Term 2. They will be at a cost of \$30 and will be available to order soon.

Online and form orders will be available for collection, on receipt of full payment, from the office on Friday mornings after 10am each week.

Amanda Finucane, President of Morisset PS P&C

Find Morisset PS P&C on Facebook f and Like our page to keep up to date with events and fundraisers at the school. Links to fundraiser forms will also be found there.

CANTEEN VOLUNTEER TIMES:

WEDNESDAYS - Canteen is open only for morning and lunch, no recess.

At least one volunteer should be at school at 8am to get the ovens going and open up; but all volunteers should be there by 8:30am preferably, to take orders, serve breakfasts and start lunch preparation, which will continue until the lunch baskets are all completed by 10:50am. Lunch bell is at 11am and counter service will start shortly after that.

Lunch finishes at 11:50am; service should stop 5 minutes prior to that (with no large ice creams being sold for the last 10 minutes), and the shutters brought down – then there will be some preparation of frozen stock, such as yoghurt bites and mini juicy cups, followed by clean up, including the floor. Money also needs to be counted and bagged. Mostly, everything should be done by 12:30pm.

TL:DR - maximum volunteer time required: 8am - 12:30pm

FRIDAY morning and lunch is much the same as on Wednesday, except that the clean-up is much less and the money doesn't get counted at this stage, so people should be able to get away by 12:20pm.

TL:DR – maximum volunteer time required: 8am – 12:20pm

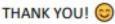
FRIDAY RECESS – the recess bell goes at 1:50pm, and ends at 2:15pm – so someone needs to come in at 1:30pm to open up and start getting everything ready to go. Again, service should stop 5 minutes prior to the bell and the shutters brought down. Clean up, frozen stock preparation and money counting will take place at this point and should all be done by 2:45pm, but by then it's nearly end of school anyway.

TL:DR - maximum volunteer time required: 1:30pm - 2:45pm

Name	Contact phone				
Availability: Wedr (Please circle all that apply)		nesday	Friday morning	Friday afternoon	
How often would you	be able to	help out?			
Every fortnight		Once a month		Once a term	
Other (please state)					

You are required to be double vaccinated against COVID 19, and to have a Working With Children Check (volunteer), which is free to obtain from Service NSW.

Please return this form to the Office, who will pass it on to the P&C Canteen team, or call Ann Beirne on **0488 136464**



COMMUNITY EVENTS







We are fundraising with

Entertainment

Morisset Primary School

Our school receives \$12 for all purchases from Entertainment Membership

SUPPORT OUR SCHOOL TODAY

https://www.entertainment.com.au/orderbooks/34r476







We are accepting the NSW Government Before and After School Care vouchers!

These vouchers will cover all out of pocket expenses



Enrol today https://careactivities.org.au/



GIRLS OF ALL AGES. GIRLS' BRIGADE IS A RELATIONSHIP BUILDING, ACHIEVEMENT

BASED PROGRAM WHICH HAS BEEN DEVELOPED ESPECIALLY FOR GIRLS, INCORPO-

RATING PHYSICAL, SOCIAL, CREATIVE, EDUCATIONAL AND SPIRITUAL ASPECTS.

Use Active Kids or Creative Kids vouchers to cover all costs.



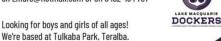
PLAY AFL WITH THE LAKE MACQUARIE DOCKERS

Come join in the excitement of AFL footy

It's a fun, safe and inclusive environment for all boys and girls. AFL is a fast paced sport and a great way to be active. Make new friends at this great community club.

FOR MORE INFORMATION CONTACT

on Lmafc@hotmail.com or on 0402 494 737







Mosquitoes are a Health Hazard

Communicable Diseases Factsheet



Mosquitoes aren't just a nuisance - they can transmit serious diseases. To protect yourself: cover-up with a loose-fitting long sleeved shirts and long pants when outside; apply mosquito repellent to exposed skin; take special care during peak mosquito biting hours, especially around dawn and dusk; remove potential mosquito breeding sites from around the home and screen windows and doors. Take extra precautions when travelling overseas in areas with a high risk of serious mosquito-borne diseases.

Avoid mosquito bites

Mosquitoes can transmit a number of serious human diseases. In NSW, some types of mosquitoes can transmit viruses such as Ross River and Barmah Forest and, rarely, the virus that causes Murray Vallev encephalitis. Some parts of northern Queensland have a type of mosquito that can transmit dengue fever, chikungunya and Zika infections.

Overseas travellers may be at risk of mosquito-borne diseases such as <u>malaria</u>, <u>dengue</u>, <u>yellow</u> <u>fever</u>, <u>chikungunya</u> or <u>Zika</u>. While vaccines are available for some diseases (e.g. <u>yellow</u> <u>fever</u> and <u>Japanese encephalitis</u>) and chemoprophylaxis medicine can help prevent <u>malaria</u>, all travellers should also use repellents and other general protective measures to avoid mosquito bites.

Wear appropriate clothing

Minimising the amount of exposed skin reduces the risk of mosquito bites by wearing loose, light-coloured clothing with long sleeves and pants. Also wear socks and shoes where possible.

Some mosquitoes will bite through clothing. Consider using clothing pre-treated with insecticides but remember that repellent must still be applied to exposed skin.

Apply mosquito repellent to exposed skin

Use a mosquito repellent on all exposed skin areas.

Reapply the repellent according to instructions or when you notice mosquitoes biting.

Avoid putting repellent near the eyes and mouth, or over open wounds, broken skin or abrasions. Always follow the product label instructions.

The most effective mosquito repellents contain Diethyl Toluamide (DEET) or Picaridin. Repellents containing oil of lemon eucalyptus (OLE) (also known as Extract of Lemon Eucalyptus) or para menthane diol (PMD) also provide adequate protection.

The strength of a repellent determines the duration of protection with higher concentrations providing longer periods of protection. Always check the label for reapplication times. Note that botanical-based products (such as Eucalyptus or Citronella) provide limited protection and require frequent reapplication.

Use just enough repellent to cover exposed skin. After returning indoors, rinse off repellent with soap and water.

Mosquito repellent needs to be reapplied after swimming. The duration of protection from repellent is also reduced with perspiration, such as during strenuous activity or hot weather so it may need to be reapplied more frequently.

If you're using sunscreen (and you should), apply the sunscreen first and then apply the repellent. Be aware that DEET-containing repellents may decrease the sun protection factor (SPF) of sunscreens so you may need to re-apply the sunscreen more frequently.

And for children - most skin repellents are safe for use on children aged 3 months and older when used according to directions, although some formulations are only recommended for children aged 12 months and older - always check the product label for recommended age use.

Never allow young children to apply their own repellent. Infants aged less than 3 months can be protected from mosquitoes by using an infant carrier draped with mosquito netting that is secured along the edges.

Protection during pregnancy - registered mosquito repellents used according to product label instructions are considered safe for use during pregnancy and while breast-feeding.

Use appropriate insecticides

Aerosol insecticide sprays, mosquito coils (used outdoors) and insecticide vapour dispensing units (used indoors) can help to clear rooms or areas of mosquitoes or repel mosquitoes from an area. These products should be used in addition to, not in place of, other measures such as appropriate clothing and skin repellents.

New personal (e.g. clip-on) spatial repellent products containing active ingredients such as metofluthrin are likely to augment the effect of other measures but most have yet to be fully evaluated.

Devices that use light to attract and electrocute insects have not been proven to be effective in reducing mosquito numbers and often kill more harmless insects.

Be aware of the peak risk times for mosquito bites

Take extra care during peak mosquito biting hours to reduce the risk of infection. Avoid the outdoors or take preventive actions (such as appropriate clothing and skin repellent). In NSW, most mosquitoes become active at dawn and dusk, and into the evening.

When travelling overseas it is important to be aware of the biting patterns of the local mosquitoes which transmit diseases. For example:

- The mosquitoes that transmit diseases such as dengue, chikungunya, Zika will bite all through the day.
- The mosquitoes that transmit malaria are most active at dawn and dusk, and into the evening.

Reduce mosquito risk at home

Stop adult mosquitoes entering the home by using flyscreens on windows and doors, and screening chimneys, vents and other entrances. Repair any damaged screens.

Also consider using a surface insecticide spray in areas where mosquitoes like to rest. During the day, mosquitoes rest and hide in cool shady areas such as in and around the home before emerging at dusk to feed. Make sure you avoid aquaria and fish ponds as fish are acutely sensitive to these insecticides.

Mosquitoes need water to breed and some mosquitoes can breed in very small amounts of water, such as in the water that collects in a discarded soft-drink can. Measures to reduce the risk of mosquitoes breeding in around the home include:

- cleaning up your backyard and removing all water-holding rubbish, including tires and containers
- keeping your lawns mowed
- flushing and wiping out bird baths and water features once a week.
- filling pot plant bases with sand to avoid standing water
- storing anything that can hold water undercover or in a dry place, and keeping bins covered
- flushing out the leaves of water-holding plants such as bromeliads once a week
- keeping drains and roof guttering clear to avoid standing water
- covering or securely screening the openings of septic tanks and rainwater tanks.

Properly cleaned and chlorinated swimming pools are rarely a source of mosquito breeding but neglected pools can be a haven for mosquitoes.

Reduce mosquito risk around the farm

If you live on a farm, additional precautions are needed to reduce opportunities for mosquitoes to breed. These include:

- keeping dams and ground pools free of vegetation
- · checking dam walls and irrigation bays for leaks
- being careful not to over-irrigate to avoid water collecting in low-lying areas for long time periods
- not allowing irrigation water to flow into and lie undisturbed in roadside table drains.

Reduce mosquito risk while travelling

In addition to the general protection measures above, travellers should also:

- stay in screened or air-conditioned rooms
- use a bed net if the area where you are sleeping is exposed to the outdoors. Nets are most effective when they are treated with a pyrethroid insecticide, such as permethrin. Pre-treated bed nets can be purchased before travelling, or nets can be treated after purchase.
- avoid known areas of high mosquito-borne disease transmission or outbreaks. This is particularly important for people at higher risk of complications from mosquito-borne diseases, such as pregnant women if exposed to Zika or malaria.

See the <u>Staving healthy when travelling overseas</u> <u>factsheet</u> for further information on travel.

The <u>Smartraveller website</u> also has health information for specific destinations.

For further information please call your local public health unit on 1300 066 055 or visit the <u>NSW Health</u> <u>website</u>.